Personal Kit List for Summer Saskadet

1. Hygiene Toothbrush & Toothpaste Towel

Comb / brush Deodorant & Soap

Chapstick Sunglasses & a flashlight

2. Clothing 3 pairs of pants or sweatpants

Warm jacket or fleece

2 pairs of shoes (runners or hiking boots; also rubber boots

if possible)
5 pairs of socks
2 sweatshirts

Underwear

Sleeping bag (Optional but recommended)

Rain gear

Ball cap or wide-brimmed hat

3 t-shirts Pajamas

Backpack for daily use

3. Forbidden Items Non-prescription drugs and/or medication

Alcoholic beverages, drugs, or narcotics

Cellphones, electronic music/gaming/etc. devices (allowed on the bus only – cellphones do not work at camp anyways)

Knives or other weapons

Anyone found in possession of any of the above items will be returned home immediately at their expense. All kit is subject to inspection at any time.

- 4. All prescription drugs must be kept by the Med O; with the exception of inhalers and birth control pills.
- 5. All items should be marked for identification. This will aid us if anything goes MIA over the course of the weekend.
- 6. Cadets are permitted to bring cameras and other valuables at their own risk, but they are responsible for these items.
- 7. There will be zero horsing around at any time. Remember **YOU** will be responsible for any damage due to your actions or misbehaviour.
- 8. Please bring a bag lunch for Friday (Pack it in your backpack so you can take it on the bus with you).