



## COMMON TRAINING INSTRUCTIONAL GUIDE



### SECTION 9

#### EO M108.09 – EXECUTE MARKING TIME, FORWARD, AND HALTING IN QUICK TIME

Total Time:

30 min

### INTRODUCTION

#### PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

#### PRE-LESSON ASSIGNMENT

N/A.

#### APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

#### REVIEW

The pertinent review for this lesson will include:

- EO M108.08 (Section 8).
- The instructor will have the squad march and halt in quick time until they can perform the movement without hesitation, and with ease.

**OBJECTIVES**

By the end of this lesson the cadet shall be expected to execute marking time, forward and halting in quick time.

**IMPORTANCE**

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.


**Teaching Point 1**

**Execute Marking Time**

Time: 9 min

Method: Demonstration and Performance

**DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING**

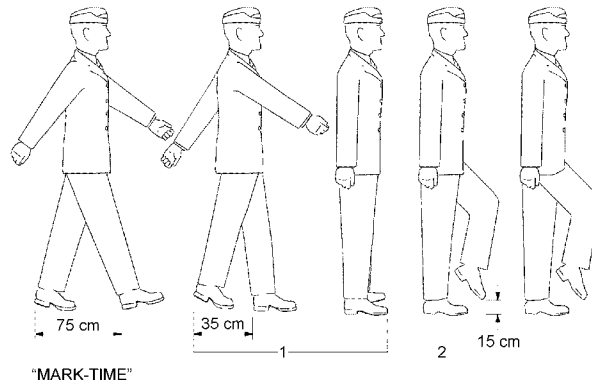


Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Marking time is executed when a cadet is required to cease forward motion for a short period of time, while on the march. Marking time is carried out at the same cadence as for marching. Only the legs are moved and the upper portion of the body remains in the position of attention with arms at the side.



A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, 2001

Figure 8-9-1 Marking Time in Quick Time

**DEMONSTRATE AND EXPLAIN THE FIRST PART OF MOVEMENT (FIRST NUMBER)**

For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command MARK TIME BY NUMBERS, SQUAD – ONE, given as the right foot is forward on the ground, the cadet shall execute the first number of the movement by:

1. taking a half pace with the left foot, placing the foot flat on the ground naturally;
2. maintaining the same cadence, bringing the right foot into the left in a straight leg manner, not scraping the ground;
3. simultaneously, cutting the arms to the sides and assuming the position of attention; and
4. maintaining the same cadence.

**PRACTICE THE SQUAD ON THE FIRST MOVEMENT**

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

**DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)**

On the command SQUAD – TWO, the cadet shall execute the second number by:

1. bending the left knee so that the thigh is parallel to the ground and the foot at a natural angle;
2. placing the toe on the ground before the heel as the leg is lowered; and
3. continuing to mark time until the command FOR – WARD or HALT is given.

**PRACTICE THE SQUAD ON THE SECOND MOVEMENT**

Practice the squad on the second movement collectively, individually and collectively.

**GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS**

On the command MARK – TIME, combine the two movements. Utilize the timing: “left – in – left – right – left”.

The instructor(s) shall provide a full demonstration and allow time for practice.

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**Teaching Point 2****Execute Forward From Marking Time**

Time: 9 min

Method: Demonstration and Performance

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**DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING**

This movement cannot be broken down into squads, as it is best learned as a complete movement.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

On the command FOR – WARD, given as the left foot is on the ground, the cadet shall carry on marching forward, from the mark time by:

1. straightening the right leg and assuming the position of attention;
2. shooting the left foot forward in a half pace; and
3. continuing to march in quick time, swinging the right arm forward and the left to the rear.

**GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS**

On the command MARK – TIME, combine the two movements. Utilize the timing: “left – in – left – right – left”.

The instructor(s) shall provide a full demonstration and allow time for practice.

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**Teaching Point 3****Execute Halting in Quick Time From Marking Time**

Time: 7 min

Method: Demonstration and Performance

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**DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING**

This movement cannot be broken down into squads, as it is best learned as a complete movement.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

On the command SQUAD – HALT, given as the left foot is on the ground, the cadet will halt, from the mark time by:

1. taking a further mark time pace with the right foot;
2. taking a further mark time pace with the left foot; and
3. straightening the right leg in double time and assuming the position of attention, utilizing the timing: “one, one-two”.

## GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command MARK – TIME, combine the two movements. Utilize the timing: “left – in – left – right – left”.

The instructor(s) shall provide a full demonstration and allow time for practice.

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## END OF LESSON CONFIRMATION

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The confirmation for this lesson should consist of the cadets, as a squad, practicing marking time, forward from marking time, and halting in quick time. Instructors should emphasise movements that cadets showed difficulty with during the class.

### Practice the complete movement with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

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## CONCLUSION

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### HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

### METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

### CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill, that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of cadet life.

### INSTRUCTOR NOTES/REMARKS

N/A.

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## REFERENCES

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- A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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